

# WE FOSTER SELF-SUFFICIENCY FOR INDIVIDUALS AND FAMILIES



Our Strong Individual and Families Impact Area strives to ensure individuals and families are stable and flourish economically. In Bexar County, 45% of households can not afford basic household expenses\*. United Way works to address the challenges that individuals and families face to reach stability and self-sufficiency.

Together, the Strong Individuals and Families Impact Area is working to:

- **Increase economic stability** by providing workforce development opportunities.
- **Reduce wage disparities by race and gender** by advocating for equitable hiring practices and inclusive career pathways.
- **Prevent and interrupt the cycle of family violence** by providing prevention services and family counseling.
- **Increase mental health support** for under-served communities.

To learn more, visit: [uwsatx.org/individuals-and-families](https://uwsatx.org/individuals-and-families)

\*For details, visit [uwsatx.org/sources](https://uwsatx.org/sources)

## 2024 IMPACT



**1,100 PEOPLE**

increased their household income to above the poverty line



**9 LOCAL BUSINESSES**

are now committed to wage equity



**8,562 HOUSEHOLDS**

no longer experience family violence



## Meet Jeremy

Jeremy grew up watching his father struggle with substance abuse and later found himself trapped in the same cycle of addiction. After his son's birth and a friend's death, he knew he had to get sober. With the help of United Way, Jeremy was able to achieve sobriety and build a stronger foundation for his family.

Learn how Jeremy and others were impacted by United Way.

